




ARTS MARCIAIS

2021

	DILLUNS	DIMARTS	DIMECRES	DIJOUS	DIVENDRES	DISSABTE
9:00-10:00	BOXA	MUAY THAI	TAI-CHÍ 9:30-11 SALA 1 BOXA	MUAY THAI	BOXA	DEFENSA PERSONAL 11:30-13:00
10:00-11:00	MUAY THAI	BOXA	MUAY THAI	BOXA	MUAY THAI	
16:15-17:15	MUAY THAI	MUAY THAI 16:30-17:30	MUAY THAI	MUAY THAI 16:30-17:30	MUAY THAI	
17:45-18:45	JUDO INFANTIL	THAI INFANTIL 17:30-18:30	JUDO INFANTIL	THAI INFANTIL 17:30-18:30	JUDO INFANTIL	
19:00-20:00	JUDO JUVENIL	MUAY THAI 18:30-19:30	JUDO JUVENIL	MUAY THAI 18:30-19:30	JUDO JUVENIL	
20:30-21:30	JUDO ADULTS	MUAY THAI 19:30-21:00	JUDO ADULTS	MUAY THAI 19:30-21:00	JUDO ADULTS	
21:45-22:45	MUAY THAI		MUAY THAI		MUAY THAI	

